

Facility Questions



- Please pre-register on the Baylor Frisco website within 24 weeks of delivery. You can then register for classes and begin filling out your baby's birth certificate.
- Be sure to check to see that your doctor has privileges at our facility and that your insurance will cover your delivery at this facility.
- All unit visitors must check in at the front desk and present a photo ID.

Newborn Nursery:

- The blinds are kept closed for patient privacy.
- The nursery is open 24/7, but we practice and encourage rooming in. We will not take the baby to the nursery unless medically indicated or per the patient's request.
- All staff who come to take your baby must have a pink border around their badge.

Labor & Delivery:

- Our Nurse/Patient ratio is 1:1 in Labor and Delivery if our patient census allows.
- Visitation rules: up to 2 support people in the room for a vaginal delivery, 1 person for a c-section delivery, and up to 3 adult visitors in the postpartum room at a time. No children except for siblings will be allowed in and must be attended by an adult.
- Pain control options: anesthesia is in-house 24/7 (epidurals, spinal for CS), IV pain medication, and nurses are trained to assist patients with natural labor and birth. Feel free to bring your own comfort aids, music, aromatherapy, NO CANDLES. We have 2 birthing balls, but feel free to bring your own. We use peanut balls to help with positioning once the patient has an epidural and is no longer able to get out of bed.
- Once admitted for labor, the patient may not eat or drink. They will be permitted to have ice chips, popsicles, and sips of water. This is a safety measure put in place by anesthesia in case of emergency.
- Attendance at the delivery: MD, 1-2 LD nurses, nursery and/or NICU nurse, and OB tech to assist. If the NICU is called for delivery, a respiratory therapist will accompany them.
- We initiate skin-to-skin immediately after delivery as long as both mom/baby are doing well.



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- If a patient does not have a pediatrician or their pediatrician does not come to this facility, we will use our on-call pediatrician for the duration of your stay.
- A sleeper bed is available for your support person.
- You will stay 2 hours in L & D after you deliver for both vaginal & cesarean **section and then be moved to the Post-partum unit.**

Post-Partum:

- The Nurse/Patient ratios are 1:5-6 in Post-Partum and in the Newborn Nursery. Unlike many hospitals nationwide, our facility has nurses caring for mothers and newborn nurses caring for babies. We also have lactation nurses all day and one at night, three nights/week. All RNs can help with breastfeeding (LD, PP, Nursery, NICU). Taking a breastfeeding class is highly encouraged.
- We have CareView, which is in-room video monitoring in the postpartum rooms at our nurse's station.
- Infant security (all units are locked down, sensor applied to infant)
- Typical length of stay (2 days for vaginal deliveries, 3 for C-Section)
- Dine on Demand is available for patients to order their own personalized meals from 7 a.m.- 6:30 p.m. It also includes a guest meal for your support person. We have a celebration meal of steak and lobster or a vegetarian celebration curry for mom/support person before going home.
- One adult can stay overnight. All children must leave by 10:00 p.m. There is no maximum number of visitors, but we must adhere to the regulation fire code.
- Pediatrician and OBs round in patient rooms, and RNs give bedside reports.
- The hearing screener and birth certificate registrar will come to the patient's room to perform their tasks.
- A photographer is an optional service provided.
- Undisturbed Nap time is from 2:00 – 4:00 p.m. Please do not have your visitors come during this time, otherwise visiting hours are open.
- The hospital will provide you with supplies such as pads, panties, diapers & and wipes while you are in the hospital. Try not to overpack for your stay.



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